



# COMPREHENSIVE REVIEW ON AI DRIVEN VERSE-BASED GUIDANCE FOR LIFE'S CHALLENGES USING LLM

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**Abstract:** The Bhagavad Gita is a timeless scripture that provides profound wisdom for dealing with life's challenges. However, many people struggle to find the right verses relevant to their situations. While existing AI-based chatbots like GitaGPT attempt to provide insights, they often fail to deliver contextually accurate responses with proper verse references. This project aims to develop an interactive AI chatbot that can offer situation-based solutions by accurately retrieving and explaining Bhagavad Gita verses using a Large Language Model (LLM). By leveraging Natural Language Processing (NLP) and knowledge-based retrieval techniques, the chatbot will guide users in applying the Gita's teachings to modern-day scenarios effectively.

**Index Terms –** Bhagavad Gita, Ai chatbot, Contextual verse retrieval, Spiritual guidance, Situation-based solutions, GitaGPT

## I. INTRODUCTION

The Bhagavad Gita, a revered scripture from the ancient Indian epic Mahabharata, offers timeless philosophical insights and practical wisdom for navigating life's dilemmas. Its teachings transcend time, culture, and geography, addressing universal human concerns such as duty, morality, purpose, and mental clarity. Despite its significance, the Gita's verses are often expressed in classical Sanskrit and metaphorical language, making them challenging to interpret without proper guidance or contextual understanding. GitaGPT is a chatbot which tells us about the historical events written in Bhagavad Geeta. Using the innovative AI technology, a pre-trained GPT model, developed by a Google engineer, allows us to communicate with Lord Krishna. Provides solutions to life-related questions, puzzles and about how to stay motivated. It's powered by GPT-2 and GPT-3 models[1]. In today's fast-paced world, individuals frequently seek quick and relevant answers to personal and professional challenges. While the Bhagavad Gita contains answers to many such questions, most readers—especially those without formal study in philosophy or Sanskrit—struggle to identify and understand the verses applicable to their specific situations. This gap between the ancient wisdom of the Gita and its practical application in modern life presents a unique opportunity for technological innovation.

Several AI-powered platforms, such as GitaGPT[1], have emerged to bridge this gap by providing verse-based responses to user queries. However, these tools often fall short in offering contextually accurate interpretations and reliable verse references. They may produce generic or loosely related responses, lacking the depth and relevance needed to truly align the user's query with the Gita's intent. This limitation calls for a more sophisticated and semantically aware system that can genuinely connect users with the Gita's guidance. Gita Verse Focuses mainly on stress management and covers only 4 topics they are

“gunas”, “karma”, “krodha”, “manas”[2]. This project introduces an intelligent, interactive AI chatbot designed to provide situation-specific spiritual guidance rooted in the teachings of the Bhagavad Gita. By integrating the capabilities of Large Language Models (LLMs) and Natural Language Processing (NLP), the chatbot can understand user input in natural language, interpret its context, and retrieve the most relevant Gita verses with accurate explanations. “interaction between humans and machines leads to increased interest among people”[3]. Every individual can't buy a robot. The objective is not only to answer questions but to deliver meaning-rich responses that uphold the philosophical integrity of the text.

To achieve this, the system will utilize a hybrid retrieval approach combining semantic search, knowledge-based indexing, and contextual embeddings. Religion-based AI chatbots serve religious practitioners by bringing them godly wisdom through technology. These bots reply to spiritual and worldly questions by drawing insights or citing verses from the Quran, the Bible, the Bhagavad Gita, the Torah, or other holy books[4]. This enables the chatbot to go beyond surface-level keyword matching and truly grasp the essence of the user's query. The selected verses will be supplemented with plain-language explanations, rooted in traditional commentaries, yet simplified for modern comprehension. This ensures both fidelity to the original scripture and

accessibility for today's users. Metaphors and associated literary devices were central to the composition of ancient religious and philosophical texts.

Metaphors help portray spiritual messages with references to objects and situations that have deep symbolic meaning[5]. Ultimately, this project aims to empower individuals by connecting them with the ancient yet ever-relevant wisdom of the Bhagavad Gita. By bringing together AI and spiritual philosophy, Geeta Mitra represents a novel approach to digital guidance offering a personalized and transformative experience that encourages ethical reflection, emotional resilience, and purposeful living.

## II. RELATED WORK

The application[1] of digital technologies to disseminate and interpret the Bhagavad Gita has gained significant momentum in recent years. Several AI-powered tools and mobile applications have emerged to make the scripture more accessible and relatable to modern users (2023). These efforts vary in terms of depth, interactivity, and contextual accuracy. One of the most notable attempts is GitaGPT, an AI chatbot that uses generative language models like GPT to provide verse-based responses to user queries. While it successfully demonstrates the potential of large language models in spiritual contexts, it often lacks precise contextual mapping and accurate verse referencing, which can lead to generic or loosely related answers. This highlights the need for more structured and semantically guided retrieval approaches. Mobile applications like the Holy Bhagavad Gita by Banaka (2014) and the Bhagavad Gita- ISKCON[6] App(2017) focus on comprehensive access to scripture through digital text, audio, and multilingual support. These platforms offer translations, commentaries, and interactive features such as verse-of-the-day and bookmarking. However, they are static in nature and do not personalize content based on user context or queries. Gita AI by SuperteamDAO[7] represents a more targeted approach where Bhagavad Gita teachings are tailored for modern (2021) professionals, particularly within the Web3 and startup ecosystems. This platform shows how AI can contextualize ancient wisdom for specific user groups, though its scope is limited to a niche audience and doesn't scale across varied personal life situations.

Other tools like the Bhagavad Gita Hindi-English App [8] cater to a broader audience by offering dual-language support and motivational features. However, like many similar applications (2015), it functions more as a reference tool than an interactive guidance system. Hindi Prayers and Geeta Saar by Signity Solutions (2013) this app combines Hindi prayers with the essence of the Bhagavad Geeta. Experimental projects such as Talk to Gita[9] built on GPT APIs or Dialogflow, attempt to add a conversational dimension by offering voice-based interactions(2023). These projects show promise but often lack robustness, scalability, or scholarly grounding. Similarly, platforms like (2019)Geeta Saar[10] Geeta Gyan(2021), available through YouTube or smart assistants like Alexa(2023), offer passive learning experiences and are best suited for devotional listening rather than deep query resolution. The educational app Gita Saar by Proud Indian Studio(2016) focusses on delivering core teachings of Bhagavad Geeta. Geeta Saar Updesh by Nixbiz(2013) provides users with teachings in insights from Bhagavad Geeta aiming to guide them through life's challenges. In summary, existing applications illustrate a strong interest in using digital and AI tools to bridge the gap between ancient wisdom and contemporary life. However, they often fall short in delivering accurate, context-aware, and situation-specific guidance, which this project aims to address through advanced LLM integration, semantic search, and knowledge-based verse retrieval.

## III. APPLICATIONS

### Mental Health & Emotional Well-being Support

Users experiencing stress, anxiety, depression, or confusion can receive calming, insightful responses grounded in Gita philosophy. Offers spiritual counseling backed by scripture, helping users gain inner peace and perspective. Mental health and well-being support is a crucial application area that focuses on promoting emotional, psychological, and social wellness among individuals. This application aims to assist people in managing stress, anxiety, depression, and other mental health concerns through accessible and empathetic resources. Digital platforms and AI-driven tools, such as chatbots or mobile apps, offer 24/7 support by enabling users to engage in self-assessments, receive coping strategies, and access guided activities like meditation, breathing exercises, and mood tracking. These systems often incorporate personalized content, based on user inputs, to ensure that the support is relevant and effective.

### Decision-Making Guidance

Users facing personal or professional dilemmas can get verse-based advice to clarify dharma (duty), right action, and detachment from outcomes. Encourages clarity, detachment, and wise choices grounded in timeless values. Decision-making and guidance is a valuable application area that focuses on helping individuals make informed, thoughtful choices in various aspects of life—whether personal, professional, academic, or spiritual. This application leverages digital tools, AI models, or expert systems to analyze a user's situation, preferences, and goals, and then provide tailored recommendations or insights. It can assist users in evaluating different options, understanding potential outcomes, and aligning decisions with their values or long-term objectives. These systems may also incorporate psychological, philosophical, or ethical frameworks to enrich the guidance provided. For instance, integrating wisdom from classical texts like the Bhagavad Gita can offer deeper, value-based insights during periods of confusion or conflict. Ultimately, decision-making and guidance applications empower individuals with clarity, reduce indecision and stress, and promote more confident and purposeful life choices.

### Ethical and Moral Dilemmas

When users are unsure about right vs. wrong, the chatbot can reference relevant teachings from the Gita. Promotes ethical living and moral introspection aligned with Indian philosophical values. Ethical and moral dilemmas arise when individuals or organizations are faced with situations where they must choose between conflicting values, duties, or principles. These dilemmas are especially significant in fields such as medicine, technology, business, and law, where decisions can deeply impact human lives and society. In practice, such dilemmas require careful evaluation of the consequences, stakeholders involved, and the ethical principles at stake—such as honesty, fairness, respect, and responsibility. For instance, in medical ethics, a doctor may struggle

between respecting a patient's autonomy and acting in their best interest. Similarly, in technology, developers must consider the implications of data privacy versus innovation. Addressing these dilemmas often involves ethical reasoning, dialogue, and sometimes, legal consultation, highlighting the need for strong moral frameworks in professional and personal decision-making.

### **Conflict Resolution & Relationship Advice**

Couples, families, or teams can ask for Gita-based guidance on dealing with misunderstandings or emotional distance. Encourages self-awareness, compassion, and selfless action in relationships. Conflict resolution and relationship advice is an important application area designed to support individuals in navigating interpersonal challenges and fostering healthier, more meaningful relationships. This application focuses on understanding the dynamics of human interaction—be it between partners, family members, friends, or colleagues—and offers constructive solutions to resolve misunderstandings, disagreements, or emotional disconnects. Using AI-driven tools or counseling frameworks, the application can analyze user inputs to identify underlying issues such as communication gaps, unmet needs, or emotional triggers. It then provides tailored advice, effective communication techniques, and strategies for empathy, active listening, and compromise. In more advanced implementations, it may simulate conversations or role-play scenarios to help users practice better responses. Additionally, by integrating insights from philosophy or spiritual texts, such as the Bhagavad Gita, it can offer deeper guidance on detachment, compassion, duty, and forgiveness—principles that often lead to inner harmony and improved relationships. Overall, this application serves as a non-judgmental companion, helping users build emotional intelligence and resolve conflicts with maturity and understanding.

### **Career Guidance**

For professionals seeking purpose, balance, or direction in their careers. Encourages duty without attachment, self-mastery, and inner fulfillment beyond material success. Career guidance is a vital application area that helps individuals make informed and strategic decisions about their professional paths. It provides support at various stages of a person's career—whether choosing an academic stream, exploring job opportunities, planning skill development, or navigating career transitions. Leveraging tools like AI-powered assessments, interest inventories, and labor market analysis, career guidance applications can offer personalized recommendations based on a user's strengths, values, goals, and current trends in the job market. These platforms may also include resume building tools, interview preparation resources, and access to mentors or career coaches. Beyond practical advice, career guidance can help individuals align their professional pursuits with their deeper sense of purpose and fulfillment. When infused with philosophical insights or spiritual wisdom, such as teachings from the Bhagavad Gita, the guidance becomes more holistic—encouraging users to approach their careers not just as a means to earn, but as a way to serve, grow, and realize their potential. Overall, career guidance applications empower users with clarity, confidence, and actionable direction in their professional journey.

## **IV. FUTURE DIRECTIONS**

In the future, this AI-powered Bhagavad Gita chatbot can evolve into a comprehensive spiritual companion by expanding its capabilities across multiple dimensions. One key direction is the integration of multilingual support, allowing users to interact with the chatbot in various Indian and global languages, thereby increasing its reach and inclusivity. Enhancing the chatbot with voice recognition and synthesis can enable hands-free, conversational interactions, making it more accessible to users of all ages and abilities. Incorporating advanced personalization through user profiling—while ensuring data privacy—will allow the chatbot to offer guidance tailored to individual life contexts, emotional states, and spiritual progress. Additionally, the chatbot can be integrated into wellness ecosystems such as meditation and yoga platforms, reinforcing its utility in promoting holistic well-being. Future versions can feature a verse recommendation engine that proactively offers insights based on user behavior and daily life themes, deepening engagement. There is also significant potential for educational applications, where students and scholars can use the chatbot to study the Gita in depth through detailed commentaries, cross-references, and linguistic breakdowns. Community features such as discussion forums or shared reflections could foster collective spiritual growth. Moreover, the project can contribute to ethical AI research by exploring how ancient dharmic principles can inform responsible technology design. Eventually, the scope can be broadened to include other scriptures and philosophical texts, transforming the chatbot into a robust interfaith spiritual advisor that honors and interprets wisdom across traditions with accuracy, context, and sensitivity.

## **V. SIGNIFICANCE AND IMPLICATIONS**

The development of an AI-powered chatbot grounded in the teachings of the Bhagavad Gita carries profound significance and far-reaching implications across personal, social, technological, and cultural dimensions. At its core, the chatbot offers a transformative tool for spiritual and ethical guidance, empowering individuals to navigate modern challenges—such as stress, moral dilemmas, relationship conflicts, and existential uncertainty—with timeless wisdom. By accurately referencing and interpreting Gita verses within contextual situations, it ensures that ancient teachings are not only preserved but meaningfully applied in today's fast-paced world. This bridges the growing disconnect between traditional scriptures and contemporary life, making spirituality more accessible, especially to younger, tech-savvy generations. Technologically, the project exemplifies the ethical and constructive use of Large Language Models (LLMs), showcasing how AI can be harnessed for positive psychological and moral development rather than just transactional or entertainment purposes. It also sets a precedent for culturally sensitive AI development, where sacred texts are treated with reverence and intellectual rigor. On a broader scale, the chatbot has the potential to inspire global audiences by demonstrating how AI can support not just productivity, but inner growth and well-being, ultimately contributing to a more mindful, value-driven digital society.

## **VI. CONCLUSION**

In future the proposed AI-powered interactive chatbot represents a meaningful convergence of ancient spiritual wisdom and cutting-edge technology, offering a novel solution to the growing need for accessible, personalized guidance in today's complex world. By accurately interpreting and citing verses from the Bhagavad Gita, the chatbot stands apart from existing solutions by ensuring not only contextual relevance but also philosophical integrity. It enables individuals to seek clarity, emotional

resilience, and ethical direction through the timeless teachings of the Gita, delivered in a conversational, user-friendly format. This initiative not only revitalizes interest in classical scriptures among modern audiences but also paves the way for responsible and culturally aware AI applications. Through this project, the profound teachings of the Bhagavad Gita are transformed from static texts into dynamic, interactive experiences that support personal growth, moral decision-making, and inner peace, ultimately contributing to the development of a more spiritually conscious and ethically grounded digital society.

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